



Developmental Milestones For Fine Motor & Visual-Perception- 0-12 months

1- 2 months	Retains a rattle when placed in hand Looks at a toy, object, or face Visually tracks toy, object, or face
2 - 4 months	Plays with hands Holds and looks at rattle Reaches for objects and bats at objects using arms and hands
6 - 8 months	Transfers toys from hand to hand Reaches for and picks up toys Bangs cup on table
8-10 months	Claps hands Bangs blocks together at midline
10-12 months	Opens book Explores toys Imitates a scribble Stacks up to 3 blocks

Developmental Milestones for Fine Motor & Visual-Perception- 1-6 years

12 - 18 months	Builds a tower of up to 4-5 cubes Makes circular strokes with crayon Places large shapes (circle, square, triangle) in puzzle with help
18 - 24 months	Holds a crayon with an adult grasp Makes vertical and horizontal strokes with crayon Places large shapes in puzzle without help Jumps in place
3-4 years	Builds a tower of 10 cubes Copies a circle and a cross Begins to cut paper with scissors
5-6 years	Cuts well with scissors Prints name and alphabet Uses a key to open a small padlock or door

Developmental Milestones for Self-Care- 0-12 months

1 - 4 months	Bring hands to mouth Sucks hand or thumb to comfort self
4 - 7 months	Retrieves lost bottle or pacifier Helps hold bottle Vocalizes when alone Laughs out loud Has a social smile
7 - 10 months	Works to obtain a toy out of reach Plays peek-a-boo and pat-a-cake Understands "no"
10 – 12 months	Extends toy back and forth Feeds self cookie or cracker Expresses affection toward familiar person (ex: hugs parent)

Developmental Milestones for Self-Care - 1-6 years

13 - 18 months	Feeds self with fingers Turn pages in book Kisses with a pucker
18 - 24 months	Feeds self well using spoon (by 24 months should feed self with spoon without help) Drinks from open mouth cup Is able to take off shoes and clothes Begins toilet training
3-4 years	Dresses self completely Completes simple fasteners on clothing: buttons, zippers, & snaps. Be completely toilet trained
5-6 years	Tie shoelaces Brush/comb hair neatly Complete simple household chores Bathes self without help (always supervise children when in water) Answers telephone appropriately and takes simple message Prepares simple meal for self independently (ex: sandwich, bowl of cereal)